## Mis Montgomery Montgomery School Menu: March 2-6 <br> CULINARY

|  | Monday-2 | Tuesday-3 | Wednesday-4 | Thursday-5 | Meatless Friday-6 |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Dnaint Cate | Chicken Patty Sandwich <br> (G)Steamed Green Beans Baked Tater Tots <br> ©faluten-Free and Vegan Options Available | Housemade Bacon Mac \& Cheese Roasted Broccoli Vegan Baked Beans Gluten-Free and Vegan Options Available | (G)Honey Baked Ham <br> Parmesan Crusted Cauliflower <br> (GFGarlic Roasted Potatoes <br> (GFGluten-Free and Vegan Options Available | Chicken Potstickers with Soy Sauce Edamame Beans Vegetable Fried Rice Gluten-Free and Vegan Options Available | Baked Stuffed Shells <br> Vo Steamed Mixed Vegetable <br> Garlic Bread <br> GFIluten-Free and Vegan Options Available |
| MARKETST. | 1 Deli Meat or Protein , Cheese, Peanut Butter \& Jelly \& Assorted Breads including Gluten-Free | 1 Deli Meat or Protein , Cheese, Peanut Butter \& Jelly \& Assorted Breads including Gluten-Free | 1 Deli Meat or Protein , Cheese, Peanut Butter \& Jelly \& Assorted Breads including Gluten-Free | 1 Deli Meat or Protein , Cheese, Peanut Butter \& Jelly \& Assorted Breads including Gluten-Free | 1 Deli Meat or Protein, Cheese, Peanut Butter \& Jelly \& Assorted Breads including Gluten-Free |
|  | Fresh Greens \& Vegetables, <br> A Chef Made Composed Salad \& a Variety of Dressings | Fresh Greens \& Vegetables, <br> A Chef Made Composed Salad \& a Variety of Dressings | Fresh Greens \& Vegetables, <br> A Chef Made Composed <br> Salad \& a Variety of Dressings | Fresh Greens \& Vegetables, <br> A Chef Made Composed <br> Salad \& a Variety of Dressings | Fresh Greens \& Vegetables, <br> A Chef Made Composed Salad \& a Variety of Dressings |
| dutour | ${ }^{\text {GF } V_{e}}$ Housemade Split Pea Soup | Housemade Minestrone Soup | Housemade Butternut Squash Soup | Vo Gr <br> Housemade Hot \& Sour Soup | Housemade Hearty Vegetable <br> Soup |
| $\begin{aligned} & \text { Just } \\ & \text { Desserts } \end{aligned}$ | VGFStrawberry Yogurt Parfaits | V0. Griropical Mixed Fruit Cup | (1) © Vanilla Pudding | , © (6Fresh Diced Pineapple | $\checkmark$ Chocolate Chip Cookies |

[^0]Thoroughly cooking meats, seafood, shellfish and eggs reduces risk of food borne illness.


[^0]:    (V) Denotes Vegetarian Item
    v
    Denotes Vegan Item
    (GF) Denotes Gluten-Free Item
    (4) Denotes Organic
    (aca) Denotes Local

